



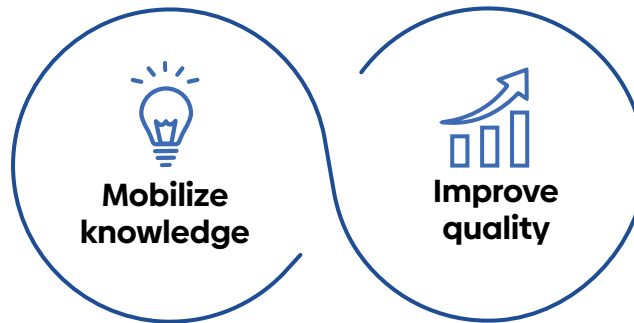
Knowledge Institute

on Child and Youth Mental Health and Addictions

Strategic directions 2022-24

Mission: We drive high-quality, evidence-based child and youth mental health and addictions services for Ontario’s children, young people and families.

Vision: The best mental health and well-being for every child, young person and family.



We grow and share knowledge and help our sector apply evidence to strengthen mental health and addictions services.

We help to ensure consistency and continuous improvement across the child and youth mental health and addictions system.

Age ranges



Early years
Birth to ~ age 6



Middle years
~ ages 7-11



Teen years
~ ages 12-18



Transition years
~ ages 19-25

Focus areas



Complex needs and intensive services



Integrated care pathways



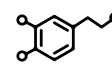
Equity, diversity and inclusion



Engagement



Virtual care



Substance use and addictions



CYMHAOntario



cymhaon



CYMHA_ON

695 Industrial Avenue, Ottawa, Ontario K1G 0Z1

☎ 1 613 737 2297

EN – cymha.ca

📠 1 613 738 4894

FR – smdej.ca



Since 2004, we've supported and collaborated with child and youth mental health and addictions agencies, communities and decision makers to help children and young people in our province develop in ways that expand their future opportunities and promote lifelong mental health. Working with stakeholders at all levels helps us understand and respond to our sector's needs and strengths.

As a learning organization, we are committed to continuous improvement and evolution, and we support our sector to do the same. Our work involves sharing evidence, building capacity and creating connections to close the knowledge-to-practice gap. We:

- conduct and support new research
- synthesize and share existing knowledge
- bring diverse voices together to make change
- implement and evaluate evidence-based practices and processes
- guide quality improvement
- develop evidence-based quality standards

Importantly, everything we do is rooted in the principles of engagement and equity. Our youth and family advisory councils offer critical input, expertise and guidance to ensure our policies, approaches, and initiatives reflect what matters to them and their evolving needs.

