



**Knowledge
Institute**



The CASH Bundle: Specialized Screening Tools to Guide Referrals for Child and Youth Mental Health, Substance Use Health, and Addictions

CRAFFT, Ask Suicide Questions (ASQ), HEADS-ED

The CASH Bundle uses free, trusted screening tools in a flexible way to maximize efficiency while still broadly assessing client needs and connecting them to the right community and hospital resources.

In Eastern Ontario, infants, children, youth (0-21 years old) and their families experiencing mental health, substance use health, addictions (MHSUHA) or neurodevelopmental health (NDH) challenges can reach out to [1Call1Click.ca](https://1call1click.ca).

1Call1Click.ca is a coordinated access and service navigation program where intake workers use the CASH Bundle to guide service recommendations and connect clients to the care they need.

From 2021 through 2023, 8,280 clients aged 6 to 21 years had an intake at 1Call1Click.ca and were referred to one or more of the over 25 connected community and hospital resources for MHSUHA and NDH care. These referrals were accepted in 94.4% of cases, an acceptance rate 12-to-25% higher than reported elsewhere.

The CASH bundle is a practical and effective way for healthcare providers to assess the nature and acuity of child and youth MHSUHA needs and guide referrals to specialized resources.



To learn more,
read about the [CASH Bundle](#) in
the Canadian Journal of Psychiatry

The process begins when a client:

is referred to 1Call1Click.ca by their primary care provider, or

uses the website to schedule an intake, or

calls 1Call1Click.ca directly and has an intake at that time

The client has an intake call with an intake worker where they...

discuss client needs and goals...

ask demographic questions...

and use the CASH Bundle based on the responses.

From birth to sixth birthday

HEADS-ED Under 6

Home and caregivers

Eating and sleeping

Activities and peers

Development, speech/
language/motor

Safety

Emotions, behaviours

Discharge or current
resources

Aged six to 21 years

HEADS-ED

Home

Education,
employment

Activities and peers

Drugs and Alcohol

Suicidality

Emotions,
behaviours,
thought
disturbance

Discharge or current
resources

During HEADS-ED discussion of Drugs and Alcohol, clients aged 12 to 21 are screened with the CRAFFT Part A.

CRAFFT Part B is used for clients who indicate risk in Part A

The HEADS-ED interview continues if no suicidality is detected.

- Ask Suicide Questions (ASQ) are used with clients who rate 1 or 2 on Suicidality in HEADS-ED, before continuing HEADS-ED.
- Safety procedures engaged when active suicidality detected, HEADS-ED interview resumed if appropriate

The intake worker uses all this information to assign a *Level of Need*, linked to treatment options and resources that provide those options at that level of acuity

1Call1Click.ca LEVELS OF NEED

General Population

Requires population based health promotion & prevention care

Low Need

Requires early intervention & self management care

Moderate Need

Requires care targeted to moderate MHSUHA/NDH needs

Moderate to Severe Need

Requires intensive & specialized care

Severe or Complex Need

Requires highly specialized & intensive care

Referral to Child/Youth MHSUHA and NDH Resource(s) and Clinical Services